

## About Pat Nelson

Co-creator, *Not Your Mother's Book ... On Being a Parent*

Release date: September 2013

Pat Nelson was an afterthought, a surprise to her parents, Lee and Ella Hedglin, who already had two teenage sons. "Patty" was born in Bemidji, Minnesota. There was no hospital in her tiny hometown of Puposky. Her brothers had been delivered at home by Dr. Mary Ghostley, superintendent of the Lake Julia Tuberculosis Sanatorium, where their parents worked.

During her early years, Patty lived on the sanatorium property at the Lake Julia San Dairy, which her father operated. Even though she left Puposky at age four, she never forgot her roots and is writing a book titled *Open Window* about "The San," its patients and its progressive lady doctor.

When she was five, Pat moved with her family to Longview, Washington. She lived there for many years and graduated from R. A. Long High School and Lower Columbia College. Pat is a member of Willamette Writers, Portland, Oregon. She attends Write Your Life Story and WordFest in Longview and Cedar Creek Writers in Amboy, Washington. She learned to love the written word and particularly enjoyed creating humor through word play. That is often evident in her writing today.



Pat worked for IPCO Federal Credit Union in Longview for several years and wrote the book *You . . . The Credit Union Member*. She writes columns for *The Valley Bugler*, Longview, Washington, and has written columns for *The Daily News*, Longview. She contributes stories to [www.lewisriver.com](http://www.lewisriver.com). Her stories have also appeared in *Chicken Soup for the Soul* and *Not Your Mother's Book . . . On Being a Woman; On Being a Stupid Kid; On Dogs; On Travel* and now in *On Being a Parent*, which she co-edited. She is also co-editing *NYMB . . . On Being a Grandparent* and *On Working for a Living*. Both books are still accepting story submissions. She blogs at [www.Storystorm.US](http://www.Storystorm.US).

Pat is available to speak to groups in her area about the *Not Your Mother's Book* series. She lives on a small lake in Woodland, Washington with her husband, Bob, a Great Dane and Labradoodle mix named Brisa, and a Manx cat named Peso. She has had careers in credit union marketing, in restaurant ownership, in retail and in wholesale, but she says parenting her two kids, Steve and Susan, was the best job of all.

To interview Pat and to find out more about this great book, contact Publishing Syndicate at [Dahlynn@PublishingSyndicate.com](mailto:Dahlynn@PublishingSyndicate.com). [www.PublishingSyndicate.com](http://www.PublishingSyndicate.com)

