

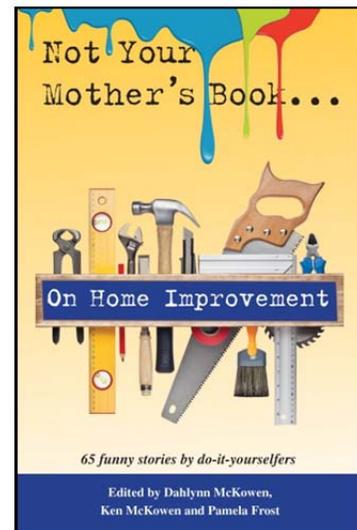
## About Pamela Frost

Co-creator, *Not Your Mother's Book...On Home Improvement*

Release date: September 2013

Born with a silver spoon in her mouth? Not Pamela Frost—she probably had a screwdriver. As the self-proclaimed “Queen of the Do-it-Yourselfers,” Pamela—aka Handy Pammy—would rather browse the aisles of Home Depot than Neiman Marcus. She’s in love with her Fein MultiMaster.

When she was much younger, she told her father she wanted to be a painter and live in a Paris loft. He put a roller in her hand and told her to paint her bedroom, and then they changed the oil in the car. Born in Cleveland, Ohio to a working class family, money was always tight. That changes a girl. Pamela is a different kind of woman and proud of it.



Pamela’s first real job was as a telephone operator for GTE. It was the 1970s, a time of affirmative action. She was encouraged to bid on a job as a central office installer and got it. Being one of the first women to break into the trades was not easy, but her I-can-do-anything attitude and being a quick learner carried her through. Later, Pamela became the first female licensed independent electrical contractor in the city of Cleveland.



She bought her first house when she was just 22—of course, it was a fixer-upper. Through trial and error, Pamela learned to do everything from plumbing to laying tile. At the tender age of 41, she convinced her reluctant husband to flip houses. She argued she had all the skills necessary to get rich in real estate, having completed three house renovations up to that point. Tutoring her then 14-year-old son, Chris, his friends, and her husband in the fine art of demolition and restoration, they built their business. In eight years, they renovated 12 houses, while managing the rentals. Pamela writes about their hilarious misadventures in landlord-land in her award-winning novel, *Houses of Cards*.

Pamela did not get rich. She did, however, get divorced. She lives in Florida and is now married to her soul mate. Look for Pamela’s short stories in other *Not Your Mother's Book* titles, as well as *Cup of Comfort for Mothers and Daughters*. And Pam is co-creating a new book for the NYMB series: *Not Your Mother's Book . . . On Sex*.

To interview Pamela and to find out more about this great book, contact Publishing Syndicate at [Dahlynn@PublishingSyndicate.com](mailto:Dahlynn@PublishingSyndicate.com). [www.PublishingSyndicate.com](http://www.PublishingSyndicate.com)